

MOPS

*2nd & 4th Wednesdays starting Sept. 11
9-11am, Children's Center "Warehouse"*

- Wed., Sept. 11 *To the Full* - Fall Kickoff!
- Wed., Sept. 25 Have More Fun: Patience to Enjoy Your Blessings - Cathy Horning
- Wed., Oct. 9 Find Your People: Friendship & Selfie Scavenger Hunt
- Wed., Oct. 23 Faith vs. Fear Based Parenting - Cyndie deNeve
- Wed., Nov. 13 Relax & Refresh: Spa/Self-Care
- Wed., Nov. 20 Live Connected: Abide - Donna Jones
(Joint meeting with MOMSnext!)
- Wed., Dec. 11 Experience the Fullness of Christmas

REGISTER via EFCC app or www.efcc.org/mops

CONTACT women@efcc.org | Facebook: "EFCC MOPS"

**TO
THE
FULL**