# How to Have a Life Group With Friends

Anyone can facilitate a Life Group! By using this plan, you can gather family and/or friends and have a meaningful time of growth and connection around any text in the Bible.

## Check in with each other (20 mins.)

Ask each other the following questions -

1. What are you thankful for this week?
2. What has you stressed out this week?
3. How'd it go with practicing your “I will” statement during the week?

## Look into the Bible (20 mins.)

Next, study the passage -

1. Have someone read the passage out loud.
2. Have someone retell the passage in their own words.
3. Ask -
    a. What does the passage teach about God?
    b. What does this passage teach about humanity?
    c. Do you have any other observations about the passage?
    d. Complete this sentence, “This week I will....”
    e. Who will you share this passage with before you meet again?

## Look up in prayer (20 mins.)

Third, take time to pray for each other.

- You can pray about what has people stressed out.
- You can pray about big things coming up in the next week.
- You can pray about your “I will” statement for the week.
- You can pray about needs in your community & how you can reach out.

If you start a group, please let us know! We’d like to include you in our leadership community and provide additional resources and training. Please email Janelle at *jwilson@efcc.org*.