

“Back from Fear” Group Guide

Series: Back to Life

Passage: John 20:19-23

Speaker(s): Pastor Ryan Paulson

Date: April 7, 2024

ICEBREAKER:

Get to know one another by taking turns sharing your greatest hope and greatest fear.

Back From Fear

John 20:19-23

Jesus enters the **prison** of our **fear** to impart **freedom** through his **peace**.

Peace through:

1. His **personal presence**.
2. His **loving sacrifice**.
3. His **missional calling**.
4. His **empowering Spirit**.

When Jesus comes **back to life**, he brings us **back from fear**.



Learning His Way

(Every week in these studies, we will ask questions about the Scriptures that try to help us Discover the unique Way of Jesus that is found in the text.)

1. Consider opening your time by listening to [Peace by We the Kingdom](#).
2. Read John 20:19-23 in multiple translations. What stands out?
3. Read these passages, reflect, and share: Isaiah 26:3; Psalm 4:8; Isaiah 12:2; Psalm 29:11; Isaiah 9:6, and Psalm 34:14.
4. Read John 16:16-20. What is it that the disciples now understand?



Forming His Heart

(This is the part of the study where we work on our hearts. "How does my character need to grow and change because of this passage?")

5. "God is good and you can surrender to Him." ~ Ryan Paulson. On a scale of 1-5, how strongly do you believe this to be true?
6. What has fear robbed your life of? What has fear robbed others from experiencing through you?
7. The peace from Jesus is personal, loving, missional, and empowering. Do you receive His peace in all of these ways?



Joining His Mission

(This is the part of the study that we ask, "What would God want us to do because of this passage?")

8. Identify a gift or talent that God has gifted you with that if given to others might bring them peace.
9. Over the week, take special note of where you feel fear. Ask God to step into your fear and push back the walls so that you might experience life.