



May 5, 2024
THE EASY YOKE
“An Alleviating Burden”
Matthew 11:28-30
Ryan Lunde
Young Adults Pastor

There are some situations where an extra _____
is a welcome _____.

How is Jesus’s yoke easy and light? → It’s fundamentally more about
_____, than what
you could ever _____.

How do we learn from His yoke? → By _____
more deeply and _____ more
abundantly we are changed to see that _____.

Why are the overworked and overburdened the ones who are invited? →
They’re the only ones who _____ the invitation.

You scorn help when you have _____. But you
gladly receive it when you have _____.

Are you going to _____ on your own or
are you going to _____ to the One who has
_____ on your behalf?

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Additional sermon notes ...

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There are some situations where an extra **weight** is a welcome **relief**.

How is Jesus's yoke easy and light? → It's fundamentally more about **what He has done (and is doing) for you**, than what you could ever **do for yourself or for Him**.

How do we learn from His yoke? → By **receiving grace** more deeply and **experiencing the fruit of obedience** more abundantly we are changed to see that **Jesus' way is better**.

Why are the overworked and overburdened the ones who are invited? → They're the only ones who **truly comprehend** the invitation.

You scorn help when you have **a swagger**. But you gladly receive it when you have **a limp**. Are you going to **struggle and suffer** on your own or are you going to **surrender** to the One who has **struggled and suffered** on your behalf?