

“Resting Into Love” Group Guide

Series: The Easy Yoke

Passage: 1 John 3:1-3

Speaker(s): Pastor Ryan Paulson

Date: May 12, 2024

ICEBREAKER:

What TV mom most resembles you or your mom?

Resting Into Love

1 John 3:1-3

“We are all born looking **for someone** looking **for us.**” - Curt Thompson

God’s **free, lavish love** is the foundation of any **free, joy-filled life.**

1. Changes our **identity.**
2. Guarantees our **transformation.**
3. Motivates our **purity.**

When you **look to God**, know he’s **looking for you.**



Learning His Way

(Every week in these studies, we will ask questions about the Scriptures that try to help us Discover the unique Way of Jesus found in the text.)

1. Read 1 John 3:1-3 in multiple versions. How do these versions describe God’s love? Which one are you drawn to the most? What other differences do you notice?
2. Read 1 John 3:1, Matthew 3:17, Galatians 3:26, Matthew 5:9, Romans 8:16-17, and John 1:12. What do we have in common with Jesus?

3. What is meant by “the reason the world does not know us is that it did not know him”?



Forming His Heart

(This is the part of the study where we work on our hearts. “How does my character need to grow and change because of this passage?”)

4. Do you live as though you earn love? If so, how?

5. How does Pastor Ryan’s statement “You don’t have to be good to be loved” resonate with you?

6. Rooted in your identity as a child of God, what things can you start believing about yourself? How will this impact your life?

7. You’re in the process of purification/becoming perfect like Christ. What about your character do you hope you won’t have to wait until heaven to see change? Why?



Joining His Mission

(This is the part of the study that we ask, “What would God want us to do because of this passage?”)

8. Read this passage aloud as a group “See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!” 1 John 3:1 (Now take the challenge to memorize it this week.)

9. How can you live from your identity as a child of God this week? Why is this important?

10. This week, pay attention to when you fall short. Do you believe you are loved by God in those moments? Confess and fight back with your memory verse 1 John 3:1.