

“No Actors Welcome” Group Guide

Series: The Curriculum

Passage: Matthew 6:1, 5-18

Speaker(s): Pastor Ryan Paulson

Date: October 27, 2024

ICEBREAKER:

What type of food could you eat every day and never tire of it?



Learning His Way

(Every week in these studies, we will ask questions about the Scriptures that try to help us Discover the unique Way of Jesus that is found in the text.)

1. Read Matthew 6:16-18 in multiple translations including NLT and EASY version. What catches your attention?
2. What is fasting and why do it? What does it demonstrate?
3. Why would Jesus have to teach on this topic and how does it relate to the rest of the Sermon on the Mount?



Forming His Heart

(This is the part of the study where we work on our hearts. “How does my character need to grow and change because of this passage?”)

4. For so long, the Israelites performed outwardly as they carried out spiritual practices. Where do you see yourself drawn to performance-driven motivations?
5. Have you fasted before? How did it go? Pay attention to your emotions as you consider the idea of fasting. Share how and why you think you felt that way.
6. What do you suppose is meant by a “reward”? Do you desire these rewards?



Joining His Mission

(This is the part of the study that we ask, "What would God want us to do because of this passage?")

7. How can you fast in a way this week that brings God glory?