

SACRED TABLES

Emmanuel Faith
Community Church
Sunday, July 20, 2025

CHURCH LIFE | Announcements for July 20, 2025

Blood Drive With the San Diego Blood Bank | Today, 8am – 1pm

The San Diego Blood Bank urgently needs more blood donated in the summer months. Don't miss this great opportunity to donate blood at Emmanuel Faith. Come to Parking Lot B (near the Chapel). Please stop by today to see if any spots are still open.

Last Day to Register for VBS! | July 21-25, 9am-Noon

Sign up your kindergarten to 5th-grade students today for our Western-themed **VBS Wonder Junction**. The cost is only \$40 per child for the week-long program. Your kids will have a blast learning about Jesus as they engage in various activities, including crafts, games, music, and more. Register online by scanning the QR code above or visit efcc.org/vbs.



Loss of a Spouse Seminar | Saturday, July 26, 9:30am, Chapel downstairs

Widowed? Help is here and hope is possible! At this seminar you'll meet other people who understand and have found ways to make it through. Discover why it won't always hurt so much; learn about our reasons for hope; and receive practical tips for coping with the death of a spouse. The class cost is \$10 for materials. Register online at efcc.org/events.

Summer Quarterly Meeting | Sunday, July 27, 8am, Holy Grounds Café

At our summer Quarterly Meeting, come hear how your generous financial gifts have been used, hear ministry updates, and learn about upcoming opportunities. We'll start early in the morning, but coffee and donuts will be served. You'll be dismissed in time to attend the 9am service.

It's Time to Join a Meet-Up!

Get info and register at efcc.org/meetups

Want to connect and have some fun together this summer? Sign up for one of our Meet-Ups such as biking, fencing, knitting/crocheting, pickleball, motorcycle riding, painting, country dancing, family fun nights, moms and kids play dates, and more! View the list of Meet-Up activities online via the link above and sign up. Meet-Up activities are going on now!

Pick Up Your REST Journal: A Way to Make More Time for Jesus!

Have you picked up a *REST Journal* yet? This 90-page journal is a simple tool you can utilize for your daily time in the Scriptures. It includes a guide for weekly prayer and a framework for living on mission. Our prayer is that as you REST in Scripture, you would be formed into the image of Christ and grow closer to him. Purchase a *REST Journal* at church this Sunday for a suggested donation of \$8.

See more announcements, the Outreach update, sermon notes, and more on the following pages in this worship guide, or via our App, or visit www.efcc.org.

Announcements Continued ...

Join a Sunday Adult Bible Fellowship | efcc.org/abf

Find your new place to connect and grow!

Emmanuel Faith has several Sunday morning Adult Bible Fellowships (ABFs) for various life stages which meet each week for teaching, fellowship, prayer support, connection, fun activities, and more. These groups are open to welcoming new members. We'd love to have you come and visit a class! For more info on available fellowship classes, please visit efcc.org/abf or pick up a class listing at the Welcome Center desk in the lobby.

Visit the Emmanuel Faith Church Library

Open Sundays, 8am-12:30pm, and weekdays, 8:30am-3pm, Mon.-Fri.
Or visit us online at efcc.org/library

Have you visited our church library? It's located on the front side of the Family Center (Gym) — just look for the signs. Plan a visit the next time you're at church. The library is open Sunday mornings, and each weekday when the church office is open (even on Fridays). Or search for a book online.

Looking for Church Family News Information?

Find it via our App, weekly email or online worship guide (at efcc.org)

Each week, to better pray for the needs of our congregation, our church's Family News Update includes the names of church family members who have passed away, pending memorial services information, and a list of those in the hospital, recovering from an illness, or fighting cancer. You can find this list on our App under "Worship Guide", on the website Sermons page (click the Worship Guide link in any message), or subscribe to our weekly email (a link to the Family News is included in the email).

EFCC Care & Counseling Ministry | efcc.org/help

Support Groups & Other Classes

Have a Need? We're Here to Help!

Life can be hard at times, but you don't have to go through it alone. Whatever your need, the Emmanuel Faith Care & Counseling ministry is here to help, guide, encourage, and point you toward the love of Jesus. We'd love to come alongside you. We can help with counseling, mentoring, or spiritual direction. To take a next step, scan the QR code, visit our webpage via the link above, email us at care@efcc.org or call (760) 781-2108. Consider this upcoming resource.



Caregiver Support Group Information

Are you a Caregiver looking for support, fellowship and resources? Or do you have a loved one who could use encouragement in their journey of receiving care? Care & Counseling seeks to start a Caregiver Support Group. If interested, or for more info, please contact Amanda Ainsworth at (760) 781-2108 or care@efcc.org.



July 20, 2025
SACRED TABLES
Leaving the Edges
1 Peter 4:7-11
Ryan Paulson, Lead Pastor

_____ is often expressed
through _____.

- ▶ We're _____ and _____.
- ▶ We're _____ and _____.

View ourselves as:

- _____, not _____
- _____, not _____
- _____, not _____
- _____, not _____

God's _____
flow through our _____.

If you're interested in joining one of our Hospitality Teams, please scan the QR code or visit our website at efcc.org/serve.



Need more room to add notes? See the back side of this sermon outline.
Helpful links: efcc.org/sermons | efcc.org/devos | efcc.org/podcasts

Help Build a School in Turkana, Kenya!



Every year at VBS, our kids rally together to raise money for a meaningful cause. This summer, we're excited to support the Turkana people in northwest Kenya by helping build a school!

Last spring, a team from EFCC visited Turkana and witnessed firsthand how God is moving among this unreached, nomadic tribe through a growing disciple-making movement.



Right now, only about half of Turkana children have access to primary education. Many must walk miles just to collect water before heading to school—if they can go at all.



By helping fund a basic school structure, we can give Turkana kids a safe place to learn, grow, and hope for a brighter future—even in the midst of challenging desert conditions.

Most importantly, by coming alongside the evangelism efforts to fill this need, we're creating more opportunities for relationships, trust, and long-term discipleship. Education becomes not just a bridge to a better future—but to the Gospel.

Scan the QR code to contribute to the VBS school project in Turkana!



Back to School Bash —Volunteers Needed! Saturday, August 2nd | 10am-1pm

Join EFCC, Olive Crest, and 10 local churches to bless vulnerable families as they head into the school year with a Back-to-School Carnival for foster youth and bio families served through Strong Families.



How You Can Help:

- Welcome families with warmth and smiles
- Serve popcorn and treats at our concessions
- Help with set-up or general event support

Be the reason a child starts the school year smiling. Scan the QR code to sign up!



Meet Our Newest Global Partners! Sunday, August 3rd | 12:30pm

Join us for lunch in the Café after the 10:45 service and get to know Jason and Ingrid Szolomayer, EFCC's newest mission partners serving among Arab Muslims in Jordan. Hear their story, ask questions, and learn how God is using them to reach the lost.

**Lunch will be provided.
Scan the QR code to RSVP!**



EFCC Family News Update

Sharing our family passings and prayer needs

July 20, 2025

Pray for Our Church Family

Home With the Lord

Upcoming Memorial Services & Homegoing Updates

Joe Heard — A memorial service was held for him this past Thursday, July 24, at Westminster Presbyterian Church.

Fred Baker — A memorial service will be held for him on Saturday, July 26th, at 2pm in the Chapel.



In the Hospital or Outpatient Care *(at Present or Pending*)*

Steve Halstead, Pam Irwin, Ron Sutliff, and Kara Torrez.

Recovering at Home or in Extended Care

Joyce Blankenship, Craig Bottger, Suz McDowell, Linda Nolan, Virginia Smith, Delores Thweatt, and Larry Thweatt.

In Hospice Care

Janie Laetare and Irene Ward.

Fighting Cancer *(*denotes a child or youth)*

Ginny Bowman, Bob Davidson II, Bruce Gephart, Wally Goff, Pam Irwin, Madison Jones*, Will McLennan, Thelma Monigold, Sylvia Rankin, Luanne Rishel, Debbie Roberts, Shirley Roireau, Virginia Sanderson, Richard Sloan, Jen Smith, Patrick Stoker, Pamela Thacker, Barbara Tucker, Silvia Vargas, Mike Walker, and Gary Williamson.