

# **“Follow” Group Guide**

**Series:** Follow

**Passage:** Matthew 4:12-19

**Speaker:** Pastor Ryan Paulson

**Date:** January 25, 2026

## **GROUP QUESTIONS**

Each week as you gather with your group, you will find questions to help you learn, grow, and connect. The goal is not to attempt to answer each question, but to engage with Scripture and discern what Jesus is saying to you.

### **1. WELCOME & CHECK-IN**

- Introduce yourself and share a little bit about your life and what you hope Jesus will do in you through this course.
- Choose an icebreaker question from the appendix (please refer to the Connect Groups *Follow Guide Book*).

### **2. FOLLOWING JESUS: Scripture & Reflection**

- Read Matthew 4:12-19 out loud. What words or phrases stand out? What questions do you have?
- As you look back on your life, who or what has had the greatest impact on your spiritual journey thus far? How and why?
- What did “Follow me” actually require for Jesus’ first disciples? Go back through the passage and note what the disciples did. What does following Jesus mean for us today?
- How is following Jesus different from believing in Jesus? How are the two ideas connected? Which of these do you tend to focus on more? Why?
- Look back in the text and note that before Jesus calls the fishermen, Matthew points out the pull of voices, kingdoms, and crowds all around Galilee (vv. 12-17). What are the dominant voices you see shaping our culture today?

### **3. IN COMMUNITY: Sharing & Support**

- Who or what is discipling you most prominently today?
- What is Jesus saying to you?
- How do you feel about what Jesus is saying?

#### **4. ON MISSION**

- What are you going to do in response?
- Who will you share this with?

#### **5. PRAYER**

- What's one way your group can support you as you follow Jesus?
- Pray for one another to follow Jesus in community on mission.

#### **6. GROUP PRACTICE**

- As a group, make a list of prayer requests you revisit each week. (Note: these are prayer requests about how you want to follow Jesus, not about your aunt's broken arm... though that's important too!)