

# **“Formation” Group Guide**

**Series:** Follow

**Passage:** Philippians 2:10-16

**Speaker:** Pastor Ryan Paulson

**Date:** February 8, 2026

## **GROUP QUESTIONS**

*Each week as you gather with your group, you will find questions to help you learn, grow, and connect. The goal is not to attempt to answer each question, but to engage with Scripture and discern what Jesus is saying to you.*

### **1. WELCOME & CHECK-IN**

- Where did you see God at work in your life since we last met?
- Choose an icebreaker question from the appendix (please refer to the Connect Groups *Follow Guide Book*).

### **2. FOLLOWING JESUS: Scripture & Reflection**

- Read Philippians 2:12-18 out loud. What words or phrases stand out? What questions do you have?
- How would you explain Paul’s statement, “work out your own salvation with fear and trembling,” to someone new to faith in Jesus? How do “working out faith” and “trusting Jesus” function together? When it comes to spiritual growth, do you fall more often into over-striving or passivity?
- Paul states that God works in us for His good pleasure. How have you experienced that? How do you know when it’s God working in you, rather than yourself?
- Ryan mentioned a few of the fallacies of formation. Which of them struck you most? Why?

### **3. IN COMMUNITY: Sharing & Support**

- What are some habits that are part of your daily and weekly rhythm? How do you think they shape you?
- What is Jesus saying to you, and how do you feel about what He’s saying?
- What’s one way your group can support you as you follow Jesus?

### **4. ON MISSION**

- What are you going to do in response?
- Who will you share this with?

## **5. PRAYER**

- We all have areas in our lives that Jesus is still forming. What is one area in which you sense God at work in your life? What would it look like for you to partner with the Spirit in that work this week? Pray for one another to follow Jesus in community on mission.