

February 8, 2026
FOLLOW
"Formation"
Philippians 2:12-16
Ryan Paulson, Lead Pastor

As we follow Jesus, **transformation** is not just **possible**, it's **promised**.

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Myth: We don't have to **do anything**.

Truth: Formation requires **effort and training**.

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Myth: It all **depends on us**.

Truth: God is at **work in us**.

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Myth: God is only interested in **behavior modification**.

Truth: God wants to reform our **deepest desires**.

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Myth: Formation is about **self-improvement**.

Truth: Formation is for the good of **everyone around us**.

Spiritual **formation** is the path into deeper **freedom** and greater **joy**.

Live it out:

- Daily time with God
- Nurtured in community
- Active on mission