

“Sent” Group Guide

Series: *FOLLOW*

Passage: Matthew 28:16-20

Speaker: Pastor Ryan Paulson

Date: March 1, 2026

GROUP QUESTIONS

Each week as you gather with your group, you will find questions to help you learn, grow, and connect. The goal is not to attempt to answer each question, but to engage with Scripture and discern what Jesus is saying to you.

1. WELCOME & CHECK-IN

- Where did you see God at work in your life since we last met?
- Choose an icebreaker question from the appendix (please refer to the Connect Groups *Follow Guide Book*).

2. FOLLOWING JESUS: Scripture & Reflection

- Read Matthew 28:16-20 out loud. What words or phrases stand out? What questions do you have?
- How do you hold together the pain and brokenness we see in the world with Jesus' claim that He holds all authority?
- Jesus tells his disciples to “go and make disciples.” He mentions a few different aspects of what “making disciples” entails. Discuss each aspect, and as a group, talk about how the first disciples did those things.
- Imagine yourself in the disciple-maker seat. What goals would you have for someone if you wanted to help them become a disciple of Jesus? What would you want them to believe, become, and do?

3. IN COMMUNITY: Sharing & Support

- What does it look like to make disciples when your schedule already feels full? Talk about what your day typically looks like (work, school, home, etc.) and think about ways as a group you could make disciples within the rhythm of your life.
- What is Jesus saying to you?
- How do you feel about what Jesus is saying?
- What's one way your group can support you as you follow Jesus?

4. ON MISSION

- What are you going to do in response?
- Who will you share this with?

5. PRAYER

- Look at the “Prayer Card” tool in the *Follow Guide Book*. Talk with your group about the people God has placed on your heart and how you hope He will use you in their lives. Fill out your prayer card and pray for one another to follow Jesus in community on mission.