

Faith and Famine

Life Group Questions for April 19, 2026

Count the Stars Sermon Series

Welcome & Check-In

- Icebreaker question: If your life right now had a “weather forecast,” what would it be—and why?
- Where have you seen God at work in your life since we last met?

FOLLOWING JESUS: Scripture & Reflection

- Read Genesis 12:9-20 out loud. What words or phrases stand out to you? What questions do you have?
- In Genesis 12:10-13, Abram faces famine and immediately makes a plan without seeking God—what does this reveal about his understanding of God’s promise, and how does it challenge the way you respond to uncertainty?

IN COMMUNITY: Sharing & Support

- Where in your life are you currently feeling pressure, dryness, or “famine”? What would it look like to invite others into that honestly?
- When you feel overwhelmed, do you tend to isolate, fix things yourself, or reach out? How can this group support you in choosing a healthier response?
- The sermon highlights the tension between vulnerability and self-protection. What makes vulnerability difficult for you, and what helps you move toward it?
- Are there areas where fear is shaping how you show up in your relationships? How can this group pray for or support you in that?

ON MISSION: Next Steps

- Take a few minutes to consider the following questions, pause and reflect on them quietly with the Lord, then share with your group which God is calling you to step into this week.
 - What is one specific situation this week where you can choose trust in God over control or quick fixes?
 - Where is God calling you to choose courage over comfort?
 - Is there a conversation you’ve been avoiding that requires courage and vulnerability? What would it look like to take one step toward it?
 - What is one simple way you can make prayer your first response this week instead of your last resort?

- Who in your life might be walking through a “famine” right now, and how can you intentionally show up for them with love and presence?
- What is God saying to you, and who will you share this with?
- Revisit and add to your prayer list, then pray for one another.

Prayer: Pray for each other. As you pray, consider doing so with open hands—a demonstration of relinquishing control to God.

For Further Reflection this Week:

Read and consider the following poem titled *Patient Trust* by Pierre Teilhard de Chardin. What is God saying to you?

*Above all, trust in the slow work of God.
 We are quite naturally impatient in everything to reach the end without delay.
 We should like to skip the intermediate stages.
 We are impatient of being on the way to something unknown, something new.*

*And yet it is the law of all progress
 that it is made by passing through some stages of instability—
 and that it may take a very long time.*

*And so I think it is with you;
 your ideas mature gradually—let them grow,
 let them shape themselves, without undue haste.
 Don't try to force them on,
 as though you could be today what time
 (that is to say, grace and circumstances acting on your own good will)
 will make of you tomorrow.*

*Only God could say what this new spirit
 gradually forming within you will be.
 Give Our Lord the benefit of believing
 that his hand is leading you,
 and accept the anxiety of feeling yourself
 in suspense and incomplete.*