

The Tension of Trust
Life Group Questions for April 26, 2026
Count the Stars Sermon Series

Welcome & Check-In

- Icebreaker question:
If you could master one skill—either something that requires patience and trust (like learning an instrument) or something bold and action-oriented (like public speaking or skydiving)—which would you choose, and why?
- Where have you seen God at work in your life since we last met?

FOLLOWING JESUS: Scripture & Reflection

- Read Genesis 13:1-14:24 out loud. (**Leaders, encourage your group members to read these two chapters prior to meeting.**)
What words or phrases stand out to you?
What questions do you have?
- Abram returns to places where he previously encountered God and “calls on the name of the Lord” (Genesis 13:4).
How does intentionally returning to places or practices of encounter shape our ability to discern God’s voice in moments of tension?
- Lot chose his land based on what he saw, while Abram trusted what God said.
Where are you currently tempted to live by sight rather than by trust and faith in God’s promise(s)?

IN COMMUNITY: Sharing & Support

- Abram chooses peace over personal advantage with Lot.
What might it look like, in a real relationship in your life, to pursue peace “as much as it depends on you” (Romans 12:18)?
What might it cost you?
- Abram moves in love, not ego, when he rescues Lot.
Honestly discuss this with your group: How can you discern whether your impulse to act is rooted in love for others or in self-protection and control?

ON MISSION: Next Steps

- Throughout the sermon, Ryan describes faith as “holding the tension” between releasing control and stepping into action.
Where in your life right now is God inviting you to either (a) let go and trust, or (b) step forward with courage—and how can you discern the difference?
Who will you share this with?
- Revisit and add to your prayer list, then pray for one another.

Prayer: St. Ignatius of Loyola is known for his “*Suscipe: Prayer of Surrender.*”
Suscipe in Latin means “receive” or “take up.”

Pray for each other and read St. Ignatius’ prayer together as a group, committing your ways to the Lord:

*“Take, Lord, and receive all my liberty,
my memory, my understanding,
and my entire will,
all I have and call my own.
You have given all to me.
To you, Lord, I return it.
Everything is yours; do with it what you will.
Give me only your love and your grace,
that is enough for me.”*

For Further Reflection this Week:

The sermon suggests that “big moments of courage are the overflow of quiet moments of formation.”

What hidden rhythms (prayer, surrender, obedience) might God be inviting you into right now to prepare you for future moments of faith?

A practice that you may consider is “Pray as you Go”—an app that provides a time of daily listening to God’s voice and reflecting on His Word:

<https://prayasyougo.org/>