



September 27, 2026  
**HONEST TO GOD**  
"Why Are You So Afraid?"  
Mark 4:35-41  
Ryan Paulson, Lead Pastor

\_\_\_\_\_ is the gap between the \_\_\_\_\_ in front of me  
and the \_\_\_\_\_ available to me.

Jesus \_\_\_\_\_ our fear so it doesn't \_\_\_\_\_ us.

- ① \_\_\_\_\_ your fear.
- ② \_\_\_\_\_ the storm.
- ③ \_\_\_\_\_ the story fear is telling.

What do we do with our fear?

- \_\_\_\_\_ God's \_\_\_\_\_
- \_\_\_\_\_ the \_\_\_\_\_
- \_\_\_\_\_ the next \_\_\_\_\_

The goal isn't to live \_\_\_\_\_;  
it's to live \_\_\_\_\_.

### Additional sermon notes ...

Need more room to add notes? See the back side of this sermon outline.  
Helpful links: [efcc.org/sermons](https://efcc.org/sermons) | [efcc.org/devos](https://efcc.org/devos) | [efcc.org/podcasts](https://efcc.org/podcasts)

### Take Your Next Step!

Thank you for attending Emmanuel Faith today! If we can help you in any way, contact us at [welcome@efcc.org](mailto:welcome@efcc.org). To connect more, or to go deeper here, see some ways to take a next step below ...

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Helping others through volunteering gives us a greater sense of meaning and brings great joy both to us and those we help. Join a team and come serve at EFCC.



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**Fear** is the gap between the **threat** in front of me and the **resources** available to me.

Jesus **questions** our fear so it doesn't **control** us.

1. **Name** your fear.
2. **Normalize** the storm.
3. **Notice** the story fear is telling.

*What do we do with our fear?*

- **Recognize** God's **presence**
- **Surrender** the **outcome**
- **Take** the next **faithful step**

The goal isn't to live **without fear**; it's to live **by faith**.