



October 11, 2026
HONEST TO GOD
"Do You Want to Get Well?"
John 5:1-9
Ryan Paulson, Lead Pastor

Jesus meets us in the pain we've _____
and invites us into a life we were _____.

① _____ we _____.

② _____ to _____.

③ _____ of _____.

Walk in wholeness:

- Respond to _____, but rely on his _____.
- Carry your _____, but don't let it _____.
- Receive wholeness _____, then practice it _____.

Jesus doesn't promise a _____ life, but he promises
his _____ and _____ in our pain.

Additional sermon notes ...

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Jesus meets us in the pain we've **learned to survive** and invites us into a life we were **created to live**.

1. **Pain** we **experience**.
2. **Strategies** to **cope**.
3. **A way** of **life**.

Walk in wholeness:

- Respond to **Jesus**, but rely on his **power**.
- Carry your **past**, but don't let it **define you**.
- Receive wholeness **freely**, then practice it **daily**.

Jesus doesn't promise a **pain-free** life, but he promises his **presence** and **power** in our pain.