Life Groups are officially on a break and will resume the week of September 12. However, if your group is going to continue to meet, or if you’d like some devotionally-minded questions to use during the week to think more deeply about the message on a personal level, here you go! We should mention that the format we’ve adopted for the summer is only for the summer. The fall will bring a return of the structure to which you are accustomed.

Re-read Psalm 129 in two different translations and then consider these questions for additional thought, reflection and application.

1. If you had written verses 1-2, who would “they” be?

2. How does verse 2 - “yet they have not prevailed against me” - help when you feel like they are prevailing?

3. If you feel like you are losing right now, how does a focus on being honorable, growing through pain, and practicing “with-ness” help you endure? Think a little about each one and how God might want to use it in your life as you wait on Him to prevail.

4. Which of these three (being honorable, growing through pain, practicing “with-ness”) can you focus on this week? And what is one thing you can do?